



# Metropolitan School District of Wayne Township THE FITNESS CENTER AT BEN DAVIS HIGH SCHOOL

A Fitness Center with fitness activities for Ben Davis students, employees of the school district and their families, and residents of Wayne Township

## Activities & Hours

January 8, 2019 to May 30, 2019

## 2019 FEES

### Fitness Center

MSD Wayne employees  
and BD students  
**FREE!**

Wayne Township Residents and  
Employee Family Members  
\$3 per session  
\$20 per semester  
(January 8—May 30, 2019)

### Open Swim

MSD Wayne employees  
and BD students  
**FREE!**

Wayne Township Residents and  
Employee Family Members  
\$3 per session  
OR  
Buy a punch card\*:  
8-session card: \$15  
16-session card: \$25

*\*One punch for an individual attending  
a session, two punches for a family.*

You must be a BDHS student or at least age 18 to use the Fitness Center (except for open swim).

Fees are paid at the Fitness Center or Pool. Staff and students must present a current district or BD identification badge to enter the Fitness Center.

Everyone using the facility must sign a User Agreement and observe all rules.

Limited shower and locker facilities are available. Towels, locks, and the protection of personal items are the user's responsibility.

## Indoor Walk / Jog Course

A 170-meter track in the Multi-Purpose Area (MPA) for walking and jogging in the mornings.

**\*There is no charge for use of the  
Indoor Walk / Jog Course**



### Hours

Monday—Friday  
5:00 a.m.— 7:00 a.m.

## Fitness Center

A room inside the MPA outfitted with treadmills, elliptical trainers, stairmasters, stationary bikes, recumbent bikes, and strength training machines



### Hours

Monday—Friday  
5:00 a.m.— 7:00 a.m.

Monday—Thursday  
3:30 p.m.— 6:30 p.m.

## Pool

Open swim is for adults and children.

Lap lanes are available.

All children under age 15 must  
be accompanied by an adult.



### Open Swim Hours

Monday and Wednesday

6:00 p.m.— 8:00 p.m.

## Parking

Access the Fitness Center  
through Door #5 at the  
main entrance to the  
Ninth Grade Center.



## Holiday Hours

The fitness center will be  
closed Labor Day, the second  
week of Fall Break, the  
Thanksgiving holiday and  
both weeks of Winter Break.

**\*\*Contact John Taylor (988-8683) or e-mail [john.taylor@wayne.k12.in.us](mailto:john.taylor@wayne.k12.in.us)  
for general information concerning the Fitness Center.**