



# Metropolitan School District of Wayne Township

## The Fitness Center at Ben Davis High School

A fitness center with fitness activities for Ben Davis students, employees of the school district and their families, and residents of Wayne Township

Activities and Hours / January 8, 2018 to June 1, 2018

### Fees

#### Fitness Center

MSD Wayne employees and BD students  
FREE!

Wayne Township Residents and Employee  
Family Members  
\$3 per session  
\$20 per semester  
(January 9—June 2)

#### Open Swim

MSD Wayne employees and BD students  
FREE!

Wayne Township Residents and Employee  
Family Members  
\$3 per session  
OR

Buy a punch card:  
8-session card: \$15  
16-session card: \$25

\*\*One punch for an individual attending a session, two punches for a family.

You must be a BDHS student or at least age 18 to use the Fitness Center (except for open swim).

Fees are paid at the Fitness Center or Pool.

Staff and students must present a current district or BD identification badge to enter the Fitness Center. Everyone using the facility must sign a User Agreement and observe all rules.

Limited shower and locker facilities are available. Towels and locks and the protection of personal items are the user's responsibility.

### Indoor Walk / Jog Course

A 170-meter track in the Multi-Purpose Area (MPA) for walking and jogging in the mornings.

**\*There is no charge for use of the Indoor Walk / Jog Course**



#### Hours

Monday-Friday  
5:00 a.m.-7:00 a.m.

### Fitness Center

A room inside the MPA outfitted with treadmills, elliptical trainers, Stairmasters, stationary bikes, rowing machines, and strength training machines



#### Hours

Monday-Friday  
5:00 a.m.-7:00 a.m.

Monday-Thursday  
3:30 p.m.-6:30 p.m.

### Pool

Open swim is for adults and children. Lap lanes are available. All children under age 15 must be accompanied by an adult.

#### Open Swim Hours

Monday and Wednesday  
6:00 p.m.-8:00 p.m.

### Parking

Access the Fitness Center through Door #5 at the main entrance to the Ninth Grade Center.



### Holiday Hours

The fitness center will be closed January 15, February 19, May 28 and for spring break March 19 through March 30

\*\*Contact Bruce Carter (988-6302) or e-mail [bruce.carter@wayne.k12.in.us](mailto:bruce.carter@wayne.k12.in.us) for general information concerning the fitness center.