



Metropolitan School District of Wayne Township

The Fitness Center at Ben Davis High School

A fitness center with fitness activities for Ben Davis students, employees of the school district and their families and residents of Wayne Township

Activities and Hours / July 30, 2017 to December 22, 2017

Fees

Fitness Center

MSD Wayne employees and BD students
FREE!

Wayne Township Residents and Employee
Family Members
\$3 per session
\$20 per semester
(July 30—December 22)

Open Swim

MSD Wayne employees and BD students
FREE!

Wayne Township Residents and Employee
Family Members
\$3 per session
OR
Buy a punch card:
8-session card: \$15
16-session card: \$25

**One punch for an individual attending a session, two punches for a family.

You must be a BDHS student or at least age 18 to use the Fitness Center (except for open swim).

Fees are paid at the Fitness Center or Pool.

Staff and students must present a current district or BD identification badge to enter the Fitness Center. Everyone using the facility must sign a User Agreement and observe all rules.

Limited shower and locker facilities are available. Towels and locks and the protection of personal items are the user's responsibility.

Indoor Walk / Jog Course

A 170-meter track in the Multi-Purpose Area (MPA) for walking and jogging in the mornings.

***There is no charge for use of the Indoor Walk / Jog Course**



Hours

Monday-Friday
5:00 a.m.-7:00 a.m.

Fitness Center

A room inside the MPA outfitted with treadmills, elliptical trainers, Stairmasters, stationary bikes, rowing machines, and strength training machines



Hours

Monday-Friday
5:00 a.m.-7:00 a.m.

Monday-Thursday
3:30 p.m.-6:30 p.m.

Pool

Open swim is for adults and children. Lap lanes are available. All children under age 15 must be accompanied by an adult.

Open Swim Hours

Monday and Wednesday
6:00 p.m.-8:00 p.m.

Parking

Access the Fitness Center through Door #5 at the main entrance to the Ninth Grade Center.



Holiday Hours

The fitness center will be closed Labor Day, the second week of fall break, the Thanksgiving holiday and both weeks of winter break

**Contact Bruce Carter (988-6302) or e-mail bruce.carter@wayne.k12.in.us for general information concerning the fitness center.