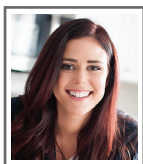


# Meet Lauren Collins, RD



As a registered dietitian, Lauren Collins is passionate about helping others live healthier lives. She has provided one-on-one health and wellness counseling for more than four years and has experience with people of all ages who want to focus on healthy living. Lauren is pleased to partner with you to improve your health.

## About Lauren

- Registered dietitian
- Bachelor's degree – Ball State University
- Special interest in weight loss, disease management and preventive health
- Experienced health coach
- Enjoys cooking, movies and travel

## Visit Lauren for:

- Individualized nutrition and wellness consultations
- Disease management
- Disease prevention education
- Accountability with goal setting/behavior change

To schedule an appointment with Lauren Collins, call **317.536.4006** or email [waynewellness@iuhealth.org](mailto:waynewellness@iuhealth.org).



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